

GALLUP POLICE DEPARTMENT

451 BOARDMAN DRIVE

GALLUP, NM

(505)863-9365

HIRING PROCESS FOR NON-CERTIFIED POLICE AND CERTIFIED APPLICANTS

I.) Physical Fitness Test

Every Monday at the Angelo Dipaolo Memorial Stadium, formally the Gallup Public School Stadium, located at 1001 South Grandview; please contact the Gallup Police Department for the time, as it may vary. You need to pass the New Mexico Law Enforcement Academy Standards in accordance with NMAC TITLE 10.29.9.8c(4).

II.) Written Exam

After you pass and complete the physical fitness test, you will take the written exam at the Gallup Police Department. The exam will take about two hours and you will need to pass the exam which consists of four categories. You will need to pass with a 70 % or better in each category.

III.) Oral Board Interview

After you pass and complete the written exam, you will be scheduled for an oral board interview at the Gallup Police Department. You will need to pass the oral board with a 70% or better.

IV.) Background Investigation & Background Interview

V.) Psychological Exam

VI.) Chief's Selection for Hire

Lateral hires may not be required to complete the physical, written, or psychological exams.

Contact Training and Recruiting Department at the Gallup Police Department at (505) 726-5439/ (505)726-5402 for more information.

Minimum Requirements

Valid Driver's License

High School Diploma or G.E.D

No felony convictions

GALLUP POLICE DEPARTMENT

451 BOARDMAN DRIVE

GALLUP, NM

(505)863-9365

PHYSICAL AGILITY STANDARDS FOR POLICE OFFICERS

1.5 MILE RUN— 15 MINUTES 54 SECONDS

300 METER RUN— 1 MINUTE 11 SECONDS (71 SECONDS)

**TIMED UP TO ONE MINUTE, THE FOLLOWING ARE MINIMUM AMOUNTS
REQUIRED:**

PUSH-UPS — 15 REPETITIONS

The applicant's hands will be placed about shoulder width apart. The administrator or partner placed a fist on the floor below the student's chest at the sternum. Starting from the up position, the applicant must keep the back straight at all times, and lower their body to the floor until the chest touches the administrator's fist. Applicant returns to the up position. Any resting should be done in the up position. Modified push-ups are no longer optional for female applicants. All applicants are required to preform standard push ups as described.

SIT-UPS— 27 REPITITIONS

The applicant starts by lying on their back, knees bent, heels flat on the floor, fingers interlaced and placed behind their head. Partner holds feet firmly down. In the up-position, the applicant should touch the elbows to the knees and then return until the shoulder blades touch the floor. Any resting should be done in the up position. No rocking hips. If fingers become unlaced, adjustment must be made in the up position.

GALLUP POLICE DEPARTMENT

451 BOARDMAN DRIVE

GALLUP, NM

(505)863-9365

PHYSICAL AGILITY STANDARDS FOR PUBLIC SERVICE OFFICERS

1 MILE RUN— 15 MINUTES 54 SECONDS

**TIMED UP TO ONE MINUTE, THE FOLLOWING ARE MINIMUM AMOUNTS
REQUIRED:**

PUSH-UPS — 15 REPETITIONS

(FEMALES ARE ALLOWED THE MODIFIED PUSH-UP POSITION)

SIT-UPS— 15 REPITITIONS