

**CITY OF GALLUP SENIOR PROGRAM**

**OCTOBER 2016 ACTIVITIES COME AND JOIN US FOR EDUCATION, EXERCISE AND FUN!! 607 N. 4<sup>TH</sup> STREET- GALLUP, NEW MEXICO  
87301 (505) 722-4740 DAILY CENTER ACTIVITIES: 8-BALL, PUZZLES, TV, EXERCISE, AND LIBRARY.**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>3</b> Puzzles 8:30-? 11am- Aerobics 1pm – Leather Craft 1-2:15 pm- Walmart 10am -Cards with Ethel	<b>4</b> Puzzles 8:30-? 1p-2:15 Dollar Tree/Post Office 10am-Beading with Yvonne	<b>5</b> Puzzles 8:30-? 11 am– Aerobics 10am -Cards with Yvonne 1-2:15- grocery store/Bank	<b>6</b> Puzzles 8:30-? Line Dancing -10 am 10am-11:30am-Beading with Yvonne 1pm BINGO/RAFFLE 	<b>7</b> Puzzles 8:30-? 11 am- Aerobics 1pm-Shopping Wear Pink to support Breast Cancer Awareness Fry Bread Sale
<b>10</b> Puzzles 8:30-? 11am- Aerobics 1pm – Leather Craft 1-2:15 pm- Walmart 10am -Cards with Ethel	<b>11</b> Puzzles 8:30-? 1p-2:15 Dollar Tree/Post Office 10am-Beading with Yvonne 10:30– NSSC/FC Combined Senior Advisory Council Mtg	<b>12</b> Puzzles 8:30-? 11 am– Aerobics 10am-Cards with Yvonne 1-2:15- grocery store/Bank	<b>13</b> Puzzles 8:30-? Line Dancing -10 am 10am-11:30am-Beading with Yvonne 1pm BINGO/RAFFLE 	<b>14</b> Puzzles 8:30-? 11 am- Aerobics 1pm-Shopping Wear Pink to support Breast Cancer Awareness
<b>17</b> Puzzles 8:30-? 11am- Aerobics 1pm – Leather Craft 1-2:15 pm- Walmart 10am -Cards with Ethel	<b>18</b> Puzzles 8:30-? 1p-2:15 Dollar Tree/Post Office 9 am Pool Tournament Hosted by (Ford Canyon Senior Ctr.) 10am-Beading with Yvonne	<b>19</b> Puzzles 8:30-? 11 am–Aerobics 10am-Cards with Yvonne 1-2:15- grocery store/Bank	<b>20</b> Puzzles 8:30-? Line Dancing-10am 10am-11:30am-Beading with Yvonne 1pm BINGO/RAFFLE 	<b>21</b> Puzzles 8:30-? 11 am- Aerobics 1pm-Shopping Wear Pink to support Breast Cancer Awareness
<b>24</b> Puzzles 8:30-? 11am- Aerobics 1pm – Leather Craft 1-2:15 pm- Walmart 10am -Cards with Ethel	<b>25</b> Puzzles 8:30-? 10:30am FC Senior Advisory Council—Work Session 1p-2:15 Dollar Tree/Post Office 10am-Beading with Yvonne	<b>26</b> Puzzles 8:30-? 11 am– Aerobics 10am-Cards with Yvonne 1-2:15- grocery store/Bank	<b>27</b> Puzzles 8:30-? Line Dancing-10am 10am-11:30am-Beading with Yvonne 1pm BINGO/RAFFLE 	<b>28</b> Puzzles 8:30-? 11 am- Aerobics 1pm-Shopping Wear Pink to support Breast Cancer Awareness Halloween Party & Dance 1pm
<b>31</b> Puzzles 8:30-? 11am- Aerobics 1pm – Leather Craft 1-2:15 pm- Walmart 10am -Cards with Ethel	October Flower Aster 	October Birthstone Opal 	 October 28 1pm	

**Wear PINK every Friday to support Breast Cancer Awareness**

**Combined Senior Advisory Mtg - 11**

**Wear your Favorite Team Jersey Day—13**

**Pool Tournament - 18**

**Full Moon - 15**

**Monthly Meeting w/ Councilor Linda Garcia - 26 6:30pm**

**FC Advisory Council—Work Session—25**

**Halloween Party & Dance—28 1pm**

**Costume Contest!**

**1st-100.00**

**2nd-75.00**

**3rd-50.00**

**4th-25.00**

**5th-15.00**

**October Birthday Party- 31**