GALLUP MARCH 2017

Lunch is served from 11:00-12:50 8 oz-2% Milk Served with All Meals	Occasionally we must substitute food items We are sorry for the inconvenience	WEDNESDAY 1, 2017 Chicken Chow Mein w/ Chow Mein Noodles Cucumber Onion Salad Pineapple Tidbits Fortune Cookie	THURSDAY 2, 2017 Philly Steak Sandwich Tatar Tots Broccoli Cantaloupe	FRIDAY 3, 2017 Tuna Salad Sandwich Lettuce, Tomato Potato Chips Low Fat Pudding
MONDAY 6, 2017 Chili Mac Mixed Vegetable Blue Cornbread w/ Margarine Banana	TUESDAY 7, 2017 Chicken Alfredo Yellow Squash Plums Peanut Butter Cookies	WEDNESDAY 8, 2017 Beef Tip w/Egg Noodles Garden Salad w/ Low Fat Dressing Pea & Carrots Roll w/ Margarine Pears	THURSDAY 9, 2017 Bratwurst w/Sauerkraut Red Potato Butter Peas Pineapple	FRIDAY 10, 2017 Spaghetti w/Marinara Garden Salad w/ Low Fat Dressing Garlic Bread Sliced Carrots Apricots
MONDAY 13, 2017 Beef Ravioli w/Marinara Broccoli Baby Carrots Garlic Bread Orange	TUESDAY 14, 2017 Pork Roast w/Gravy Mashed Sweet Potato Green Beans Roll w/ Margarine Banana Bread	WEDNESDAY 15, 2017 Chicken Nuggets BBQ Sauce Peas & Carrots Tatar Tots Pears	THURSDAY 16, 2017 Corned Beef w/Cabbage Red Potatoes Green Beans Roll w/ Margarine Sugar Cookie	FRIDAY 17, 2017 Baked Lemon Pepper Fish Hush Puppies California Blend Roll w/ Margarine Jell-O
MONDAY 20, 2017 Turkey and Potato Baked County Blend Beets Roll w/Margarine Pumpkin Pie	TUESDAY 21, 2017 Bean Burrito w/Red Chili Tossed Salad w/Dressing Carrots Spanish Rice Apricots	WEDNESDAY 22, 2017 Pepper Steak Carrots and Raisin Salad Brown Rice Roll w/Margarine Mandarin Oranges	THURSDAY 23, 2017 Green Chili Pork Stew Cucumber Tomato Salad Blue Corn Bread Jell-O	FRIDAY 24, 2017 Grilled Cheese Sandwich Vegetable Soup Baby Carrots Fruit Cocktail
MONDAY 27, 2017 Country Fried Steak Au Gratin Potato Corn Roll w/Margarine Fruit Salad	TUESDAY 28, 2017 Chili Beans Fry Bread Chuck wagon Blend Tropical Fruit	WEDNESDAY 29, 2017 Salisbury Steak Mashed Potato w/Gravy Sliced Carrots Roll w/Margarine Apple	THURSDAY 30, 2017 Baked Chicken Beets Rice Pilaf Chocolate Cake	FRIDAY 31, 2017 Baked Macaroni & Cheese Brussels Sprout Bread w/Margarine Chocolate Pudding

North Central New Mexico Economic Development District

Council of Governments
Non-Metro Area Agency on Aging
PO Box 5115 Santa Fe NM 87502
505-827-7313